

# Information about SECADA and our FREE alcohol and other drug services

## Who is SECADA?

SECADA is a group of organisations working together to provide person-centred services to people experiencing alcohol or other drug issues, and their family and friends.

## What we do

We provide services to people in the South Eastern Melbourne Alcohol and Other Drug catchment area. This includes:

- City of Greater Dandenong
- City of Casey
- Cardinia Shire.

## Services

### Intake and Assessment

The intake and assessment process involves a detailed assessment of your treatment needs and developing a treatment plan.

### Counselling for Alcohol and Other Drugs

One-on-one sessions with an experienced clinician or counsellor.

### Care and Recovery Coordination

Longer term care coordination including supports for Centrelink, mental health, housing, and other alcohol and other drug treatments.

### Group programs

Face-to-face group programs with qualified facilitators, with opportunities to engage with a Peer Support Worker who has lived experience.

### Non-residential Withdrawal (detox) Service

With a specialist nurse and support from your general practitioner (GP), this service can assist you to safely detox from alcohol or other drugs at home or in another safe place.

### Services if you have been ordered to seek treatment

For anyone seeking access to alcohol and other drug treatment through contact with the criminal justice system.

## How to get support

### Contact us

We will ask questions to see how SECADA can support you. This is called **intake**.

In this step we can connect you with supports, or if we need to talk more to make a plan together, we will book an **Assessment** with you.

### Treatment and care

You get support from services to help you reach your goals.

### Assessment

In this step we work with more you to plan your care and recovery.

We are available Monday to Friday, 9am to 5pm (ex. public holidays).

**Phone:** 1800 14 25 35

**Email:** [secada@windana.org.au](mailto:secada@windana.org.au)

**Web:** [www.secada.org.au](http://www.secada.org.au)

Drug/alcohol counselling and information about referrals to services is also available from **DirectLine** 24-hours a day, 7 days a week by calling **1800 888 236**.



**SECADA**  
agencies

**WINDANA**  
Life. Changing.

**ODYSSEY HOUSE**  
VICTORIA

**TaskForce**  
PART OF WINDANA

**YSAS**  
SEEKING YOU THE  
DIFFERENT LIGHT

**MonashHealth**

